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Therapeutic effect of biosynthesized silver nanoparticles on hypothyroidism induced in albino rats



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ABSTRACT

Background: In this study, silver nanoparticles (AgNPs) were biosynthesized using *Rhizopus oryzae.* The therapeutic effect of AgNP treatment protocols for hypothyroidism induced in male albino rats via biochemical as well as hematological parameters, thyroid profile, and androgen male sex hormone (testosterone) was evaluated.

Results: FTIR, XRD, TEM, DLS, SEM, and EDX were used to comprehensively characterize the biosynthesized AgNPs. The AgNPs have a 17–35 nm diameter, according to the results of their characterization. The average size detected by XRD was 37.96 nm, while the average size of the biosynthesized AgNPs was 78 nm determined by DLS analysis. Furthermore, ALT, AST activity, urea, creatinine, and TSH levels revealed a significant increase in the untreated hypothyroidism group according to potassium dichromate-induced hypothyroidism compared to the normal control group. The untreated hypothyroidism group's FT3, FT4, and albumin levels, however, significantly decreased when compared to the normal control group. In contrast, when compared to the hypothyroidism-untreated group, the mean values of FT3, FT4, and TSH were all significantly higher and TSH was significantly lower in the hypothyroidism AgNPS-treated group. Furthermore, T. testosterone and F. testosterone levels revealed a significant decrease in untreated hypothyroidism-treated group were much higher than those in the hypothyroidism-untreated group.

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Conclusions: AgNPs were successfully biosynthesized which exhibited therapeutic potential to increase thyroid hormone levels and avoid the biochemical side effects of thyroid hormone deficiency in the animal model of hypothyroidism.

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1. Introduction

The thyroid gland is one of the important endocrine glands that play an essential and vital role in the metabolism and energy expenditure of the body [1]. This gland is responsible for the production, storage, and release of the thyroid hormones triiodothyronine (T3) and thyroxine (T4) [2]. All of the cells in the human body need them for appropriate development and differentiation [3]. The proper function of all metabolically active cells depends on the thyroid hormone. Disruption of the thyroid gland has the potential to have far-reaching consequences throughout the body [4]. Hypothyroidism, the second most common endocrine illness after diabetes, is characterized by thyroid gland under activity, resulting in thyroid hormone insufficiency [5]. Acquired hypothyroidism may develop from deficiencies in the processes that regulate thyroid hormone production [6]. Clinical evidence suggests a relationship between a low metabolic rate and the dysfunction of various body systems [7]. Multiple recent investigations have linked elevated ROS production to hypothyroidism [8].

Recently, there has been an unanticipated increase in the application of nanoparticles in a variety of fields, including molecular biology, physics, organic and inorganic chemistry, medicine, agriculture and material science [9,10,11,12,13,14,15,16]. Records show that the biological processes known as biosynthesis or "green synthesis" of nanoparticles are gradually replacing the physical and chemical techniques of producing metal and metal oxide nanoparticles [17,18,19]. In order to manufacture biocompatible metal or metal oxide nanoparticles in large quantities, the biological technique uses extracts from plants, bacteria, fungi, yeast, alga, and other microorganisms as reducing agents [20,21,22,23,24,25,26]. They are widely used since many fungal species have the ability to release enormous amounts of proteins or enzymes and because it is simple to trade them in laboratories [27]. Fungi have also gained more attention due to their tolerance and ability to bioaccumulate metals, since they are involved in the investigation of the biological creation of metallic nanomaterials [28,29]. As a result of their rapid growth rates and abundance of mass cells, many fungal species are also quite easy to maintain in a laboratory [30]. It has been demonstrated that the proteins and enzymes secreted by the aforementioned biological systems function as capping agents to give the nanoparticles stability and make them biocompatible for a variety of biological applications, as well as reducing agents to transform the bulk metal salts into the appropriate nanoparticles [31]. Due to their extensive antimicrobial potential, which includes antibacterial, antifungal, antiviral, and antiprotozoal capabilities, silver nanoparticles (AgNPs), a kind of metal nanoparticle, have been shown to have an immense variety of uses, notably in the field of biomedicine [32,33].

Treatments and therapies in medicine and healthcare have undergone a significant change as a result of the technical advance of regulating materials at the nanoscale. So, these properties allow the medicine to be properly targeted and distributed to tissues, limiting toxicity to organs and maximizing the drug's efficacy [34]. Nanoparticles are appealing for a variety of biological applications due to their high surface-to-volume ratio, ability to interact with molecular or cellular processes, and potential to influence their functioning [35]. Nanosystems' creative methodology has significantly improved illness detection, imaging, sensing, therapy, and management, thereby improving human health [36]. Silver nanoparticles (AgNPs) are one of the most attractive and popular metallic NP types, with uses in imaging, photography, biosensors, catalysis, and other fields [37,38]. Silver has been treasured since ancient times due to its ability to fight disease and its use in medical operations. Additionally, it has anti-inflammatory, anti-cancer, antiseptic, and antibacterial properties [39]. Innovative techniques have been used for the production of AgNPs in order to fully utilize the potential of silver in a variety of applications. The most common techniques of synthesis are chemical and physical, but since they require specialized equipment and harmful materials, they are expensive and dangerous [40]. AgNPs are one of the most valuable materials in the NPs with biomedical applications; they are widely employed in commercial goods, including cosmetics, nanomedical devices, apparel, sprays, home goods, and food items. Therefore, the study aimed to evaluate the therapeutic role of AgNP treatment protocol in order to protect adult male albino rats from developing potassium dichromateinduced hypothyroidism, which may be used as a promising therapy instead of traditional drugs because of its safety, low price and time consumption, in addition to discuss the safety profile as well as the pathophysiological changes related to the administration of AgNPs. Furthermore, the biosynthesized AgNPs were characterized by different techniques.

2. Materials and Methods

2.1. Materials

The analytical-grade chemicals used in this investigation, including sodium hydroxide (NaOH) and silver nitrate, an inorganic substance with the formula AgNO₃ and 99% purity, were acquired from Sigma-Aldrich in Egypt. In order to create AgNPs, AgNO₃ was used as a precursor. The purest cultured medium was all acquired from Merck in Germany (99% purity). In the current investigation, distilled water was used for all biological syntheses (dis. H₂O). Potassium dichromate was purchased from Sigma-Aldrich Chemical Company (Cairo, Egypt) in the form of a bottle containing 100 g of reddish powder, (Catalogue number 309176). Twenty-four adult male Wistar albino rats weighing about 100 ± 20 g were obtained from the animal house unit in the National Research Centre, Giza, Egypt, Throughout the experiment, the animals were kept in standard laboratory settings (12 h of light and 12 h of darkness) in a room with a constant temperature (24°C). Ad libitum tap water and typical commercial rat food were given to the rats. All researches were carried out in conformity with the Animal Ethical Committee of the National Research Center, Dokki, Giza, Egypt under the ethical number (Approval No. 18157).

2.2. Fungal growth conditions

Biosynthesis of AgNPs was carried out by *Rhizopus oryzae* which isolated and identified, deposited in Gene-bank with accession number MG518370 in our previous study [41]. *R. oryzae* was inoculated on malt extract agar (MEA) plates, then incubated for 3–5 d at $28^{\circ}C \pm 2^{\circ}C$ then kept at $4^{\circ}C$ for further use [42,43,44,45,46].

2.3. Biosynthesis of silver nanoparticles using the biomass filtrate of R. oryzae

Three disks (0.7 mm in diameter) of *R. oryzae* were grown on malt extract broth (MEB) medium, and the pH was adapted to 6.0, shaking conditions were used throughout the incubation of *R. oryzae* for 5 d at $28^{\circ}C \pm 2^{\circ}C$ (150 rpm). Following the incubation period, deionized and sterile water were used to wash the collected biomass (15 g). After that, the cleaned biomass was reconstituted in 100 mL of distilled water at a temperature of $28^{\circ}C \pm 2^{\circ}C$ and stirred for 3 d at 150 rpm. After that, the subsequently suspended biomass was centrifuged to get the fungal biomass filtrate, which was then utilized in the following procedure to create AgNPs. The pH was adjusted to pH 10, and 100 mL of fungal biomass filtrate was combined with 2.0 mM of silver nitrate (as a metal nanoparticle precursor) for 24 h in the dark at $28^{\circ}C \pm 2^{\circ}C$. After being extracted and dried for 24 h at 120°C, the filtrate developed a dark brown color [33,47].

2.4. Characterization of AgNPs

Different analytical methods were used to characterize the nanoparticles, including UV-Vis spectrophotometer (JENWAY 6305 spectrophotometer), Fourier transform infrared (FTIR) (Cary 660 FTIR model), Transmission Electron Microscopy [48] (JEM-1230, Japan, Akishima, Tokyo 196-8558), and Dynamic light scattering (DLS) was carried out using a Malvern Zetasizer Nanoseries compact scattering spectrometer from Malvern Instruments Ltd. in Worcestershire, UK, X-ray diffraction was obtained from Philips in Eindhoven, Netherlands, and SEM-EDX from IEOL in Tokyo, Japan. UV-Vis spectrophotometer absorbance measurements were taken between 300 and 800 nm. Fourier transform, infrared NP absorbance was recorded from 400 to 4000 cm⁻¹. The size of nanoparticles was analyzed using an X-Ray diffractometer at 40 KV and 30 mA at 37°C. Transmission electron microscopy was used to analyze the size and shape of the particles [49]. At 120 kV, TEM (Transmission Electron Microscopy) pictures were captured. Before the inspection, a carbon-coated TEM copper grid was sprayed with a colloidal solution of AgNPs and allowed to dry in the air. Dynamic light scattering (DLS) measurements were used to assess the AgNP particle size distribution. The polydispersity index (PDI), is the measure of homogeneity of the NPs solutions [29]. SEM with EDX analysis was used to evaluate the surface morphology and basic mapping of the produced AgNPs. The elemental composition of the sample was determined both qualitatively and quantitatively using an EDX device attached to the SEM.

2.5. Therapeutic effect of AgNP treatment protocols for hypothyroidism

2.5.1. Experimental design

Twenty-four adult male Wistar albino rats weighing about 100 ± 20 g were randomly assigned to different control and treatment groups. The experimental groups in common were divided into three groups (eight rats in each group) as follows: Group I: Rats from this group served as a normal control without any supplementation; Group II (Hypothyroidism-untreated group): Potassium dichromate was injected intraperitoneally into rats to cause hypothyroidism at a rate of 2 mg/kg/bw, which was subsequently

dissolved in 1 mL of distilled water every day for two weeks before the rats were euthanized to confirm the condition [50]. Additionally, rats in Group III (Hypothyroidism AgNP-treated group) received a single intraperitoneal injection of AgNPs (0.75 mg/kg of body weight) for 30 d after receiving an i.p. injection of potassium dichromate to cause hypothyroidism [51]. Rats were allowed to acclimate for one week before the experiment began while standing for the whole four-week trial period during which drugs were administered. At the end of the experiment, blood samples were collected via retro-orbital under diethyl ether anesthesia. Each blood sample was divided into two parts; the first one was collected into a heparinized tube and used for the determination of hematological parameters; the second part was collected into non-heparinized tubes; after clotting, the samples were centrifuged at 4000 rpm for 15 min. Sera were further separated and used for further biochemical analysis.

2.5.2. Biochemical analyses

Liver enzymes were assessed. Serum levels of alanine transaminase [52] aspartate transaminase were determined, according to Reitman and Frankel [53]. Serum albumin concentration was determined according to the colorimetric method described by Doumas et al. [54]. The serum urea level was estimated according to the colorimetric method described by Fawcett and Scott [55]. The serum creatinine level was determined according to the colorimetric method described by Larsen [56]. Serum TSH, FT3, and FT4 levels were measured using immunoenzymatic tests (Roche Diagnostics-Mannheim, Germany). Estimation of serum testosterone level was adopted using the rat testosterone enzymelinked immune-sorbent assay (ELISA) kit according to Tietz [57].

2.6. Statistical analysis

The data were shown as means (SE). A one-way ANOVA was used to finish the statistical analysis, and Dunnett's test was used to compare the treatment groups to the control group. Differences were considered significant at p < 0.05.

3. Results and Discussion

3.1. Biosynthesis and characterization of AgNPs

The potential of *R. oryzae* metabolites to biosynthesize AgNPs, which improve the production process, decrease aggregation, and produce a smaller size, was demonstrated in this work [58]. The color of the biomass filtrate changed when it was combined with metal precursors, which was the first indication that NPs were being biosynthesized. Santos et al. [59] synthesized the AgNPs from the extracellular extract of entomopathogenic fungi. Murillo-Rábago et al. [60] synthesized the AgNPs by using the supernatants of Trichoderma harzianum and Ganoderma sessile. Bukhari et al. [61], on the other hand, were successful in synthesizing AgNPs utilizing endophytic Streptomyces laurentii. Elsilk et al. [62] reported that the biofabrication of AgNPs occurred by using the biomass of Streptomyces rochei MS-37, a novel marine actinobacterium. Otherwise, some articles dealt with the biosynthesis of AgNPs via different biological extractions, such as plant extract or microbiological medium [63,64,65]. Also, Some et al. [66] synthesized AgNPs by utilizing leaf extract of Morus indica L. V1. Sudarsan et al. [67] biosynthesized AgNPs by using Cytobacillus firmus for photocatalytic and antimicrobial activities. In fact, the metallic nanoparticle is effective in several applications, especially in medical applications.

AgNPs are the most commercially successful NPs. Its toxicity has become a major issue due to its widespread usage in industrial,



Fig. 1. Spectra of biosynthesized AgNPs in the UV-vis range at wavelengths of 300–800 nm.

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biotechnological, and biomedical applications. In recent years, fascinating antibacterial and anticancer properties of biologically produced AgNPs have been revealed [68,69]. Due to the existence of proteins that reduce ions into particles, fungi can produce metallic nanoparticles. A physiochemical study and topographical inspections were used to characterize AgNPs. AgNPs' UV-visible spectra are displayed in Fig. 1. A color shift to deep brown in the UV-Vis spectrophotometer study for AgNP formation served as preliminary confirmation. Excitation of manufactured nanoparticles' surface plasmon resonance may be related to variations in color intensity [70]. The detection of a peak in the Ag NPs spectra at 410 nm provided evidence that AgNPs were produced by mycosynthesis [71]. Elshafei et al. [72], who identified a distinct peak of AgNPs at 410 nm, also came to the same conclusion. Khan et al. [73] synthesized AgNPs that exhibit a distinctive SPR band at 450 nm. According to Mujaddidi et al. [74], the plasmon absor-



Fig. 2. (A) The FT-IR spectra of mycosynthesized AgNPs produced by R. oryzae metabolites; (B), XRD spectrum of biosynthesized AgNPs.

bance of AgNPs had a peak at 425 nm. On the other hand, smaller average AgNP sizes and larger concentrations of AgNPs are related to lower and higher maximum wavelength values, respectively [75]. According to Pallavi et al. [32], the produced AgNPs showed a prominent, distinctive absorption peak at 418 nm. Alharbi and Alsubhi [76] exhibit different bands at 429 and 435 nm, respectively, for AgNPs and AgNPs-cis.

Concerning FT-IR Analysis, proteins and enzymes found in the fungal biomass filtrate are crucial for the creation and stability of nanoparticles, according to the studies by Saravanan et al. [77]. The functional groups involved in the reduction and capping of the silver ions to the nanoscale are clarified in the country using FTIR analysis. As shown in Fig. 2A, FTIR analysis was used to investigate the interaction between AgNPs and R. oryzae supernatant. The biosynthesized AgNPs' FT-IR spectra revealed strong absorption peaks at 3206.45, 1632.90, 1336.65, 1073.44, 827.27, 600.90, 510.30, 418.99 and 405.47 cm^{-1} . The O-H stretching groups of phenols and alcohols or the N-H groups of amino acids in proteins are responsible for the peak at 3206 cm⁻¹, respectively [78,79]. The peak observed at 1632 cm⁻¹ may correspond to the binding vibrations of the amide I band of proteins with N–H stretching [75]. The C-H bending form in alkanes is responsible for the shifted one at 1336 cm⁻¹. It is possible that the signal at 1073 cm⁻¹ represented carboxylic (COO) residues [80]. An indication of the Amide IV (OCN) stretch bending for protein was a stretch at 827 and 600 cm⁻¹. The presence of a carbohydrate moiety may be the cause of the protein stretch band that was also seen at 510 cm^{-1} [81]. The calcinated AgNPs finally displayed a peak at 405 cm⁻¹ [82]. Our findings show that proteins are present and that they attach to AgNPs, perhaps stabilizing them. These findings are in line with recent research that has shown that proteins play crucial roles in the production of AgNPs, serving as capping and stabilizing agents [32,74,76,83].

Fig. 2B shows the XRD pattern of the biosynthesized AgNPs, in which four distinct peaks were found at 2 θ degrees: 37.88°, 44.24°, 64.4°, and 77.68°. These peaks are indexed to the $(1 \ 1 \ 1)$, (200), (220), and (311) crystal planes, respectively, demonstrating good alignment between the production of AgNPs and the crvstalline phase of silver [29,32]. The face-centered cubic shape was seen in the peaks for various values of 20. Significant alignment to the studied facet (111) was indicated by the sharp peak at 2 = 37.8° (111), and the good purity of the prepared AgNPs. The average NP size was calculated using the Debye-Scherrer equation based on the XRD data. The FWHM (2θ) value for the AgNPs was 0.23111, and their average size was 37.96 nm. These outcomes are consistent with those reported in [65,72,84,85], where it was found that the range of the average particle size was between 5 and 20 nm. Sudarsan et al. [67] reported that the average size of the synthesized nanoparticles from endophytic bacteria was found to be 14.23 nm, which is consistent with our findings. According to Pallavi et al. [32], the average particle size of the AgNPs produced by Streptomyces hirsutus strain SNPGA-8 was 12.74 nm.

The morphological features and approximate sizes of NPs were investigated using TEM. In the TEM study (Fig. 3A), the produced nanomaterial was found to be spherical with a diameter of 17–35 nm. *Streptomyces hirsutus* strain SNPGA8 was successfully used by Pallavi et al. [32] to synthesize AgNPs with a TEM imaging range of 18–39 nm. According to research by Khan et al. [73], the produced nanomaterial has a spherical shape and a diameter between 4 and 12 nm, with an average size of around 8 nm. In the typical diameter range of 15–30 nm, Khan et al. [86] synthesized spheroidal-shaped PG-AgNPs. According to Kabir et al. [87], TEM was used to characterize the morphology of the *A. racemosus*-AgCl-NPs, which had an average diameter of about 17.0 nm. Khanal et al. [85] used TEM to analyze the size and morphology of AgNPs produced by *Rubus ellipticus* Sm, which is also noteworthy. They



Fig. 3. (A) The spherical form of the biosynthesized AgNPs was visible in the TEM picture; (B) DLS analysis of biosynthesized AgNPs.

100

Size (d.nm)

1.000

10.000

10

0

discovered the particles to be spherical, with sizes ranging from 13.85 to 34.30 nm. According to the TEM investigation [80], the chemicals found in *R. oryzae* FBF might be used to biosynthesize AgNPs with distinctive structures. Furthermore, the small size of the AgNPs created in this study has the potential to be used in a number of size-dependent biotechnological applications.

The size and size distribution of NPs in colloidal solutions were determined with the use of DLS analysis. The scattered intensities from time-dependent observations can be used to calculate the hydrodynamic diameter. The electrical layers on nanoparticle surfaces and the capping and stabilizing agents found in solution are frequently responsible for regulating the hydrodynamic diameter of these particles [88]. A small number of nanoparticles are needed for DLS in order to prevent numerous scattering effects. DLS is better suited to monitoring aggregation during the early phase since it is sensitive to the presence of aggregates. According to this study's DLS analysis, the average size of the biosynthesized AgNPs was 78 nm (36% intensity) (Fig. 3B). Khan et al. [86] state that the average size of the synthesized PG-AgNPs, as determined by the size distribution, is about 40 nm, with a PDI value of 0.321. Hashem et al. [80] demonstrated that the average size of the nanoparticles distribution histogram of biosynthesized AgNPs which ranged in size from 30 to 47 nm was 32.7 nm. Ag-NPs biofabricated using Cytobacillus firmus had an average hydrodynamic diameter of 55.8 nm, according to Saied et al. [25]. The homogeneity or heterogeneity of the colloidal NPs was assessed using the polydispersity index (PDI) value [29]. High homogeneity is indicated by a PDI value less than 0.4, whereas low homogeneity is indicated by a value greater than 0.4, and a heterogeneous solution is indicated by a value greater than 1. We discovered a PDI value of 0.031 throughout our study.

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SEM was used to examine the morphology of biosynthesized AgNPs. The SEM examination of biosynthesized AgNPs is shown in Figs. 4A-B. This study confirmed the spherical shape and small size of the nanoparticles found in the XRD analysis. The scanning electron microscopy also showed that the powder particles have a slightly aggregated structure. A small number of AgNPs were seen clustering together to produce bigger particles. This outcome was in line with the AgNPs found in earlier researches [74,89]. Due to their high electrical conductivity, metal nanoparticles like silver and gold can be easily scanned with a SEM. SEM is unable to view the internal structure of materials, although it can offer insightful data on particle integrity and aggregation [89]. The Ag element was present, according to the AgNPs' EDX profile. The Ag element is present at 62.7% weight percentage, as shown by the EDX profile (Fig. 4B). O and Ag contribute 37.2% and 62.7% of the total weight, respectively. O has the greatest atomic percentage (80%), followed by Ag with 19%.

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3.2. In vivo therapeutic effect of AgNPS on induced hypothyroidism in adult male albino rats.

One of the most prevalent endocrine conditions, hypothyroidism, is mostly a result of thyroid gland problems that induce a decrease in thyroid hormone production and secretion [90]. Due to its widespread use as a heavy metal in numerous industries, potassium dichromate was selected for this study's hypothyroidism experiment [91]. Therefore, we sought to evaluate the protective effect of AgNPs on potassium dichromate-induced hypothyroidism in male albino rats. In addition, male albino rodents were recruited for this study because males are more susceptible to occupational infertility exposure and because female hormones may interfere. However, females have a higher incidence of hypothyroidism [92]. In the present study, the mean values of TSH, Ft3, Ft4, T. testosterone and F. testosterone levels revealed a high and significant difference in comparison between all groups





Lsec: 30.0 0 Cnts 0.000 keV Det: Octane Pro Det Reso

Fig. 4. (A) SEM image of AgNPs; (B) EDX spectrum of the formed AgNPs.

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| Table 1 | | |
|----------------------------|------------------------------|---------------------------------------|
| Effect of AgNPs on thyroid | profile and androgen hormone | s in rats subjected to Hypothyrodism. |

| Experimental groups | | Thyroid profile | | Androgen Hormones | | |
|--|---|--|---|---|---|--|
| | TSH (Ulu/mL) | Ft3 (ng/dl) | Ft4 (ng/dl) | Total Testosterone (Pg/mL) | Free Testosterone (Pg/mL) | |
| Group I: (Normal) Group II: (Hypothyroidism) Group III: (Hypothyroidism + AgNPs) | 4.2 ± 0.4^{c} 7.2 ± 0.5 ^a 5.3 ± 0.4 ^b | $\begin{array}{c} 1.5 \pm 0.1^{a} \\ 0.4 \pm 0.0^{b} \\ 0.4 \pm 0.1^{b} \end{array}$ | 1.3 ± 0.1^{b} 2.0 ± 0.2 ^a 1.3 ± 0.1 ^b | 7.3 ± 0.4^{a} 1.5 ± 0.1^{c} 2.1 ± 0.2^{b} | 3.6 ± 0.3^{a} 0.7 ± 0.1 ^c 2.9 ± 0.2 ^b | |

Mean value represents mean of 8 records \pm SE. Means with dissimilar superscript letter are significantly different at P < 0.05.

of the animal model, including positive treated and untreated groups, as illustrated in Table 1.

According to potassium dichromate-induced hypothyroidism (group II), the blood TSH levels of the untreated hypothyroidism group increase dramatically when compared to the normal control group's mean values. Nonetheless, Ft3 and Ft4 levels were significantly lower in the untreated hypothyroidism group than in the normal control group. Hassanin et al. [93] reported similar findings, attributing the decrease in thyroid hormone production by follicular cells to increased OS and ROS created by the conversion of potassium dichromate to its trivalent form. However, Mahmood et al. [94] reported that the decrease in T3 and T4 was due to an active combination of chromium and globulins. This, in turn, hampered thyroglobulin proteolysis. In comparison to the untreated group (group II), the mean values of T3 and T4 were significantly higher and the mean value of TSH was significantly lower in the hypothyroidism AgNPs-treated group (group III) due to the capacity of metal nanoparticles to directly target the damaged organ, thereby decreasing unwanted effects, a better improvement in thyroid function with AgNPs was predicted. In accordance with Kalishwaralal et al. [95], it has distinct physical and chemical properties and is used in a variety of applications, such as antibacterial and drug delivery systems.

The results of serum T. and F. testosterone levels revealed a highly significant decrease in the untreated hypothyroidism group when compared to the mean values in the normal control group. However, there are no significant differences in serum T. testosterone levels between the hypothyroidism-treated group and the untreated group as compared to the mean values in the untreated group. On the other hand, the F. testosterone level in the hypothyroidism-treated group was significantly elevated as compared to the hypothyroidism-untreated group.

Liver and kidney function tests, including serum (ALT, AST, Albumin, Urea, Creatinine and Uric acid), are illustrated in Table 2. According to the one-way ANOVA test, the represented data of ALT and AST activity as well as albumin level showed highly significant differences at (*P*<0.001) in comparison between all groups of the animal model, including treated and untreated groups. The results of ALT activity showed a significant increase in positive control group (GII) induced hypothyroidism by potassium dichromate when compared to the mean values in normal rats (GI: Negative control). Nevertheless, ALT activity in the positive treated group (GIII: Hypothyroidism-treated group) Rats induced Hypothyroidism by potassium dichromate followed by administration of silver oxide nanoparticles (AgNPs) showed a highly significant decrease when compared to the mean values in the positive control (GII: Hypothyroidism-untreated group). Moreover, AST activity showed a significant increase in the positive untreated group when compared to the mean values in the negative control. While AST activity showed a significant decrease in positive treated group as compared to the mean values in Positive untreated group. However, serum albumin levels indicated a significant decrease in positive untreated group when compared to the mean values in the negative control. Though albumin levels were significantly increased in the positive treated group as compared to the positive untreated group.

The results of serum urea levels in the positive control group revealed a highly significant increase (P < 0.001) as compared to the mean corresponding values in the negative control. However, urea levels showed a significant decrease (P < 0.01) in the positive treated group as compared to the mean values in the positive untreated group. Furthermore, serum creatinine levels in the positive control group revealed a significant increase (P < 0.05) in the positive control group when compared to the mean corresponding values in the negative control. However, creatinine levels showed no significant differences in positive treated group when compared to the mean values in the positive untreated group. On the other hand, there are no significant differences in Uric acid level in comparison between all experimental groups of animals.

4. Conclusions

R. oryzae was used in the current study to biosynthesize AgNPs through ecofriendly method. Results indicated that biosynthesized AgNPs whose diameter ranged from 17 to 35 nm and were spherical in shape. Besides, biosynthesized AgNPs have the therapeutic potential to raise thyroid hormone levels and attenuate its complications, which can be further evaluated by thyroid hormone deficiency in animal model-induced hypothyroidism. We believe that nanomaterials would dramatically promote the development of medicine, and silver nanoparticles are expected to have more exciting influences in these fields.

Author contributions

- Study conception and design: E Saied, AS Hussein, AH Hashem.
- Methodology: E Saied, AS Hussein, AH Hashem.
- Data collection: AA Al-Askar, NI Elhussieny.
- Analysis and interpretation of results: E Saied, AS Hussein, AA Al-Askar, NI Elhussieny, AH Hashem.

Table 2

| Effect of AgNPs on liver and kidney f | unctions in rats subjected | to Hypothyrodism. |
|---------------------------------------|----------------------------|-------------------|
|---------------------------------------|----------------------------|-------------------|

| Experimental groups | | Liver Function Tests | | | Kidney Function Tests | | |
|--|--|--|---|--|--|--|--|
| | ALT (IU/mL) | AST (IU/mL) | Albumin (g/dl) | Urea (mg/dl) | Creatinine (mg/dl) | Uric Acid (mg/dl) | |
| Group I: (Normal) Group II: (Hypothyroidism) Group III: (Hypothyroidism + AgNPs) | 48.4 ± 3.3 ^b 104.3 ± 3.3 ^a 49.9 ± 1.9 ^b | 19.5 ± 1.4 ^c 110.4 ± 6.1 ^a 57.8 ± 7.3 ^b | 4.2 ± 0.1^{a} 3.0 ± 0.2^{c} 3.8 ± 0.2^{b} | $45.5 \pm 2.1^{\circ}$ 66.8 ± 4.3^{a} 51.5 ± 4.1^{b} | $\begin{array}{c} 0.5 \pm 0.0^c \\ 1.0 \pm 0.2^a \\ 0.7 \pm 0.1^b \end{array}$ | $\begin{array}{l} 4.4 \pm 0.4^{\rm b} \\ 5.1 \pm 0.7^{\rm a} \\ 4.1 \pm 0.5^{\rm c} \end{array}$ | |

Mean value represents mean of 8 records \pm SE. Means with dissimilar superscript letter are significantly different at P < 0.05.

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Conflict of interest

There are no conflicts to declare.

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Data availability

The data made available upon requested.

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